

Recommended Books

Eugene F. Simopoulos, M.D.

Hospital Resources (inpatient unit, on-call)

1. The Massachusetts General Hospital/McLean Hospital Residency Handbook of Psychiatry.
2. Pocket Medicine: The Massachusetts General Hospital Handbook of Internal Medicine (Pocket Notebook Series)
3. The Psychiatric Interview. Daniel Carlat, MD
4. Desk Reference to the Diagnostic Criteria from DSM-IV-TR (pocket manual). American Psychiatric Association.
5. Handbook of Psychiatric Drug Therapy. Sixth Edition. Lawrence Labbate.

Psychotherapy:

6. Psychodynamic Psychiatry in Clinical Practice: The DSM-IV Edition. Glen Gabbard, MD.
7. The Feeling Good Handbook. David Burns, MD
8. The Practical Art of Suicide Assessment. Shawn Christopher Shea, MD.
9. The Biopsychosocial Formulation Manual. A Guide for Mental Health Professionals. William Campbell, Robert Rohrbaugh.
10. 101 Defenses, How the Mind Shields Itself. Jerome Blackman, MD
11. The Gift of Therapy: Irvin Yalom

Psychopharmacology:

12. Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications, Steven Stahl
13. The Prescriber's Guide. Stahl's Essential Psychopharmacology. Third Edition. Stephen Stahl.

General Psychiatry Textbooks:

14. First Aid for the Psychiatry Clerkship. Second Edition.
15. Kaplan and Sadock's Synopsis of Psychiatry. Behavioral Sciences/Clinical Psychiatry. Jack Grebb, Virginia Sadock, Benjamin Sadock.
16. Clinical Manual of Psychosomatic Medicine: A Guide to Consultation-liaison Psychiatry. James Levenson, et al.
17. Clinical Neurology for Psychiatrists, 6e (Major Problems in Neurology). David Kaufman, MD

Miscellaneous:

18. The Perspectives of Psychiatry. Paul Mchugh, MD., Phillip Slavney
19. Man's Search for Meaning. Victor E. Frankl.
20. Darkness Visible: A Memoir of Madness. William Styron
21. The House of God. Samuel Shem
22. Mount Misery. Samuel Shem
23. Any resource with medical Spanish terms (app for phone, pocket manual, etc).